

Gratitude Heals Brokenness

Philippians 4:4-7

Our path to wholeness leads directly through Gratitude.

3-part sermon series on Gratitude:

- Today, Gratitude heals brokenness
- Nov. 18, Gratitude looks forward with hope
- Nov. 25, Gratitude releases the giver in us

Gratitude heals brokenness—Gratitude is a necessary ingredient for the healing of brokenness.

- God **alone** is our healer.
- The Holy Spirit through Jesus' **suffering and death** heals our diseases.
- No matter what help we receive, **nothing** will heal us if we are ungrateful.

1. Gratitude sets us free.

About midnight Paul and Silas were praying and singing hymns to God...At once all the prison doors flew open, and everybody's chains came loose. —Acts 16:25-26

2. Gratitude releases God's peace. (Shalom)

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.—Philippians 4:7

Without gratitude, our prayers are simply loud **worrying**.

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. —Philippians 4:6

Gratitude recognizes:

God's **plan**,

God's **power**,

God's **provision** for us.

3. Gratitude heals our **wounds**.

At that hour of the night the jailer took them and washed their wounds; —Acts 16:33

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. —Philippians 4:7

4. Gratitude leads to **salvation**.

Then immediately he and all his family were baptized. —Acts 16:33

Ultimate gratitude is receiving the **Grace** of God.

For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—⁹not by works, so that no one can boast. —Ephesians 2:8, 9

Gratitude and Grace come from the same root word.

Song: *He loved me with a Cross*

*Chorus: He loved me with a cross, He loved me with a cross
In answer to the call of love, He loved me with a cross
Though I could not imagine, What loving me would cost
Jesus went to Calvary, And loved me with a cross*

Have you responded to God's love?

Have you received His Grace and Forgiveness?

Have you thanked Him?

Memory Verse:

Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. —Philippians 4:6