

## Thank God: Steps to Thanksgiving

Psalm 95:1-11

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*Come, let us sing for joy to the LORD; let us shout aloud to the Rock of our salvation.<sup>2</sup> Let us come before him with thanksgiving and extol him with music and song.*

—Psalm 95:1-2

Communication seminar was more about *presentation* than *information*.  
Must get our *attention* before we receive *information*.

**A Call to thanksgiving, vs. 1-2**

*Come, let us sing...let us shout aloud...Let us come before him with thanksgiving.*

Psalm 95 begins with the summary or conclusion.

**STEPS TO THANKSGIVING****Step 1. Recognition**

*For the LORD is the great God, the great King above all gods.* —Psalm 95:3

**God is great! God is good! Let us thank Him for our food. Amen.**

—Childhood Grace before meal

☆ **CPA—Continuous Partial Attention**

☆ **Worship—the Spirit empowered capacity to pay sustained attention to God.**

☆ **Thanksgiving requires time of Sustained Attention to recognize God's love and care.**

**Step 2. Return**

*Come, let us bow down in worship, let us kneel before the LORD our Maker.*

—Psalm 95:6

- Bow down in worship—Worship requires a space
- Kneel before God—Kneeling takes time.

**When and where do you return to God?**

**Daily** \_\_\_\_\_

**Weekly** \_\_\_\_\_

**Monthly** \_\_\_\_\_

**Yearly** \_\_\_\_\_

**Step 3. Response—Let us Thank Him**

*Today, if you hear his voice, do not harden your hearts... —Psalm 95:7b-8*

Today, if you hear his voice...do not harden your hearts...rather....Return and Respond.  
Return to verses 1-2 and respond.

**Meribah** and **Massah** used together to describe two different places.

1. At the beginning of Israel's Exodus from Egypt, Exodus 17
2. At the end of the Exodus just before entering the Promised Land, Numbers 20

**Meribah** means *strife*. They strove against Moses and God complaining about lack of water.

**Massah** means *testing* or *temptation*. They tested God's patience, "where our fathers tested and tried me." —Psalm 95:9

**We all struggle at some point.**

**Recognize God's Greatness** \_\_\_\_\_

**Recognize God's Goodness** \_\_\_\_\_

**Take time to Return thanks** \_\_\_\_\_

**Respond in a Spirit empowered way** \_\_\_\_\_

**Examples:** Ten Lepers (Luke 17:15-16)

Thank offering for new job

Thanksgiving tithe

Acts of Service

Restored relationship