

Six of Life's Most Important Words

Matthew 5:23-24 and Colossians 3:13

So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift.

—Matthew 5:23-24

Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.

—Colossians 3:13

1. Three Words We Must Regularly Say: _____

A. Why is it important to say these words?

To be reconciled with God.

To remain free of heart baggage.

B. Five elements of Apology (Chapman/Thomas)

- Heartfelt regret
- Accepting Responsibility
- Making Restitution
- Genuine Repentance
- Requesting Forgiveness

C. Things really change

A woman does not sue.

A boss does not fire.

A marriage relationship is restored.

Your story _____

2. Three Words That Must Follow the First: _____

A. Why is it important to say these words?

Christians regularly hurt each other.

Weekly hurts weigh down our hearts.

B. Consequences may remain after forgiveness.

Jail time required.

Betray a confidence.

Unfaithful to your spouse.

C. Steps to being able to say, and experience, these words:

First Pray

Then (4 R's)

Remember our own sins.

Reframe the other person.

Recognize the high cost of resentment.

Redemptive Blessings.

Is there someone from whom you need to ask forgiveness? _____

Is there someone you need to forgive? _____