

## In Search of Victory of Weakness

Isaiah 30:15-18

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### Memory Verse:

***“In repentance and rest is your salvation, in quietness and trust is your strength.”***

—Isaiah 30:15

### **Weaknesses Defined**

The Stalled group in the Christian faith. (Willow Creek REVEAL Study)

16% (1 in 6) Christians have stalled, stopped growing, stopped practicing their faith.

1. Addictions
2. Inappropriate relationships
3. Emotional issues
4. Not prioritizing one’s spiritual life

### **1. I Can Do All Things—Faith Therapy**

*I can do all this through him who gives me strength.* —Philippians 4:13

#### **We can have victory**

Psalm 119:11 \_\_\_\_\_

Ephesians 6:10-11 \_\_\_\_\_

Psalm 127:2 \_\_\_\_\_

2 Timothy 1:7 \_\_\_\_\_

1 Corinthians 10:13 \_\_\_\_\_

2 Peter 1:3-4 \_\_\_\_\_

#### **In God’s Strength**

Zechariah 4:6 \_\_\_\_\_

Philippians 2:12 \_\_\_\_\_

John 6:29 \_\_\_\_\_

### **2. I Can Receive Strength—Surrender Therapy**

*“This is what the Sovereign LORD, the Holy One of Israel, says: “In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it.”*

—Isaiah 30:15

Psalm 46:10 \_\_\_\_\_

Acts 1:8 \_\_\_\_\_

**Examples of victory through rest and trust.**

- Gideon’s 300 men
- Joshua and walls of Jericho
- David facing Goliath (armies of God sat and watched)
- Moses at Red Sea (Stand still and see the salvation of God)
- Paul and Silas (Chained to the walls singing praise)
- Disciples (Waiting until they received power)

**Accept God’s provision**

*“Yet the LORD longs to be gracious to you; therefore he will rise up to show you compassion. For the LORD is a God of justice. Blessed are all who wait for him!”*

—Isaiah 30:18

**Accept who you are.** (Past, gifts, shortcomings)

**We find Victory over the bondage of the past through...**

1. Repentance \_\_\_\_\_ 1 John 1:9
2. Forgiveness \_\_\_\_\_ Luke 11:4
3. Thanksgiving \_\_\_\_\_ 1 Thessalonians 5:18
4. Wisdom \_\_\_\_\_ Proverbs 3:13

**Accept God’s Will** (How do I live faithfully in my situation?)

*But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.”*

—2 Corinthians 12:9

**3. I Can Rest—Thanksgiving Therapy**

*“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

—Philippians 4:6-7

**During bouts of depression and dark nights of the soul, William Booth, founder of Salvation Army, was sustained by praising God and giving thanks to our Lord.**

**When we pray with thanksgiving, we cannot worry.**

**Our victory over weakness, our path to wholeness leads directly through Gratitude.**

*Nothing will heal us if we are ungrateful.* —Erwin McManus (*Uprising*, p 114)

I can and will live victoriously in the salvation and strength of the Lord! \_\_\_\_\_

Date

Signed \_\_\_\_\_